

TEACHERS PROFILE

Staff Name: Dr. Janaki YS

Qualification: BAMS, MD (AYU)

Designation: PROFESSOR AND HEAD OF THE DEPARTMENT

Year of completion of UG and college: Government Ayurvedic Medical college, Bangalore-1997

Year of completion of PG and college: Government Ayurvedic Medical college, Mysuru-2003

Papers published: 03

Date of joining to GAMC Bangalore: 16/06/2006

Initial date of joining to any Institutions as faculty: May 2003

Email: drjanakiys@gmail.com

Profile: Dr Janaki YS is working as professor and HOD, Dept of Kayachikitsa. She is having 16 years of teaching experience in this subject. She was recognized as PG guide from RGUHS in Panchakarma for 10 years and in Roganidana department for 3 years. She is a good clinician serving patients of Skin disorders, respiratory illness many more in OPD and IPD. She has presented research papers in national seminars and delivered guest lectures. She was also a part of ROTP programme too.

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Staff Name: Dr Thrapthi Adiga

Qualification: BAMS, MD (AYU) (PhD)

Designation: ASSISTANT PROFESSOR

Year of completion of UG and college: 2014, SDM college of Ayurveda, Udupi

Year of completion of PG and college: 2017, Government Ayurvedic Medical college, Mysuru

Date of joining to GAMC Bangalore: 23rd April 2018

Initial date of joining to any Institutions as faculty: 1st January 2018

Email: shribrahmi@gmail.com

Profile: Dr. Thrapthi Adiga is working as an assistant professor in dept of Kayachikitsa. She has a teaching experience of 5 years in the same subject. She is pursuing her Phd in Hypothyroidism in GAMC Mysuru. She is serving patients of Metabolic disorders in OPD and IPD. She has delivered guest lectures in various institution and has given many talks in AYUSH TV.

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Staff Name: Dr Nalina A S

Qualification: BAMS, MD (AYU), (PhD)

Designation: ASSISTANT PROFESSOR

Year of completion of UG and college: 2014, SDM college of Ayurveda and Hospital - Hassan

Year of completion of PG and college: 2017, Government Ayurvedic Medical college, Mysuru

Date of joining to GAMC Bangalore: 23rd April 2018

Initial date of joining to any Institutions as faculty: 30th January 2017

Email: nalina.sridhar@gmail.com

Profile: Dr. Nalina A S is working as Assistant professor in dept of Kayachikitsa. She has a teaching experience of 5 years in the same subject. She is pursuing her Phd in Amavata(Rheumatoid Arthritis) at SDM college of Ayurveda , Udupi. She is specialized in treating Hepato-biliary disorders, Musculo-skeletal & common psychiatric illnesses at OPD and IPD. Also she is a Level-3 pranic healer .She has delivered guest lectures at various institutions, presented papers at various state/national/international conferences.

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DEPARTMENT DESCRIPTION:

The branch kayachikitsa being one among 8 branches of Ayurveda deals with the management of ailments affecting Kaya i.e Shareerika(physical) and manasika (Mental). Kayachikitsa also deals with prevention of disease and promotion of positive health (Rasayana) and infertility treatments (Vajeekarana). Academic activities are supported by conducting guest lectures, symposiums, case discussions and quiz like activities. Clinical learning is aided by practical demonstrations at Bedside IPD/OPD, community camps. Diseases pertaining to Respiratory system, Skin, GIT, Nervous system, Metabolic and Psychiatric are well managed through efficient clinicians.